

## **CONNECTING BY FOOT**

Walking (or running or skiing!) is an ideal way to get around campus. With many miles of sidewalks and pedestrian paths, pedestrians have many safe and scenic route options.

## **BENEFITS OF WALKING**

Different people enjoy different benefits of walking... here are just a few of the ways that walking could benefit you:

- Add exercise to your daily routine
- Take time to decompress and get re-energized while going from point A to point B
- Reduce your carbon footprint
- Interact with others in the campus community
- Short trips are often easier on foot than by car - and can be faster!

## **WALKING RESOURCES**

Curious as to how long it would take you to walk somewhere on campus? We've provided average trip times for common routes here:

- Memorial Union to the WARF Building: 23 minutes
- Lot 60 to Camp Randall Stadium: 20 minutes
- 21 N Park Street to Memorial Union: 9 minutes
- Kohl Center to Memorial Union: 10 minutes
- Memorial Union to Camp Randall: 16 minutes

These are just a few examples to demonstrate the walkability of our campus. If you have a specific route you'd like to measure, visit [www.google.com/maps/](http://www.google.com/maps/) and input your current and intended destinations. Be sure to select the pedestrian/walking option.

Want even more info? Visit [www.gmap-pedometer.com](http://www.gmap-pedometer.com) where you can track the distance of your commute, calories burned, even elevation!

## **STAYING SAFE**

As is the case with any mode of transportation, there are simple things you can do to be safe when commuting as a pedestrian. Always:

- Be aware of your surroundings (look where you're going, establish eye contact with motorists, bicyclists)
- Obey all traffic signals and pedestrian markings (cross walks, etc.)
- Carry a cell phone with you in case of an emergency.

### *At Nighttime:*

- Walk in well lit areas—for a map of the Campus Lightway and SAFEwalk Boundaries go to <https://transportation.wisc.edu/campus-maps>
- Travel in groups, or call SAFEwalk at (608) 262-5000

### *During Severe Weather:*

- Make sure you're wearing proper attire for the conditions
- Wear appropriate footwear to protect against the cold and slips and falls.
- Pay attention to weather alerts, including UW Snow Action Day alerts

For more information visit [transportation.wisc.edu](http://transportation.wisc.edu) !